

4-Ever? Preparation Activity-- Diamond 9

Purpose

To provide students with the opportunity to prioritise what they think are important topic areas with Relationship and Sex Education.

Outcomes

By the end of the activity students will have:

Been able to reflect on and review relationship and sex education topics in preparation for seeing '4-Ever?'

Notes for the teacher

Explain to students that this activity is being undertaken in preparation for seeing a piece of theatre in education. It is to enable them to get into a state of mind that will enable them to be open to all the aspects of relationships and sex that they may encounter within the production.

The activity is best undertaken in small groups that will help to facilitate group discussion and help develop negotiation skills. It starts as a pair's activity. You may want to consider how best to pair students in your class.

You may need to explain some of the language used in the activity so it will be worth spending some time at the beginning of the session doing this and also to be aware that some students may need further clarification whilst doing the activity. Mixed ability groups may aid this.

If you have plenty of time and/or a very articulate group you can extend the activity by getting students to devise a set of cards for themselves

Materials needed

- Board/flip chart
- A set of the 9 statements on cards enough for pairs of students to have a set each. (*You may want to have each statement on a piece of A4 card which is more fun to work with*)

Activity

Explain that this is preparation for seeing a piece of theatre called **4-Ever?** that is around relationships and sexual health.

Write the following statement up on the board or flipchart:

“Within relationship and sex education it is important for us to understand.....”

Give each pair a set of the 9 cards

Ask them to prioritise the cards into a specific order (like a diamond- see below) with their number one priority at the top, two and three on the next row, below that four, five and six, followed by seven and eight with nine on its own at the bottom.



When students have finished this activity in pairs, ask each pair to join another pair. They should work together in groups of four to agree an order of priorities that they all feel happy with.

Ask each group of 4 to feed back their top three priorities. Write these up on the board/flipchart.

Discuss why the groups thought these were the most important priorities.

The Diamond 9 Activity Cards

We need to understand.....

<p>The health risks of early sexual activity and pregnancy and about the safer choices we can make</p>	<p>How different forms of contraception work and where to get advice</p>
<p>How to develop the confidence to try new ideas and face challenges safely</p>	<p>The impact that relationships have on all aspects of our lives and the importance of building and maintaining healthy relationships</p>
<p>The potential for exploitation and or violence in relationships</p>	<p>The challenges of good parenting and their value to family life</p>
<p>The impact of separation, such as divorce and bereavement, and how to adapt to changing family circumstances</p>	<p>The potential impact of the pressure to have sex or unsafe sex, e.g. from peers, partners, the media etc. and how to make choices we are happy with</p>
<p>How to recognise and challenge prejudice and discrimination</p>	